

# Tuzla Trail League Guidelines / Pravidnik Tuzlanske Trail Lige

## Summary in English

### 1. General Provisions

- The Tuzla Trail League is organized by the Tuzla Trail Club.
- Participants and volunteers must follow the league rules.
- Organizers may deviate from rules if needed for safety.

### 2. Types of Races

- Includes trail and mountain road races.
- Trail races use marked natural terrains; road races use steep asphalt/gravel roads.
- Some races may combine both types.

### 3. Checkpoints

- All races include checkpoints.
- Missing a checkpoint or losing a control card results in disqualification.

### 4. Categories

- Races are classified by distance and elevation: small, medium, large, and super large.

### 5. Scoring

- Points range from 100 (1st place) downwards.
- Final score = points x race category coefficient (x1, x2, x3, x4).
- Best 5 of 6 races count.

### 6. Participation

- Fee: 100 KM covers all league races.
- Participants must be of age and join at their own risk.

### 7. Equipment

- Required: water container, first aid, charged phone.
- Equipment checks may occur.

# Tuzla Trail League Guidelines / Pravilnik Tuzlanske Trail Lige

## 8. Disqualification

- Unsportsmanlike conduct, environmental damage, unauthorized aid = disqualification.

## 9. Withdrawal

- Notify organizers when withdrawing. Help will be provided if needed.

## 10. Environment

- No pollution or damage; waste must be carried out or disposed properly.

## 11. Media

- Participants consent to photo/video use.

## 12. Awards

- Medals or certificates for winners.

## 13. Safety

- Follow safety rules; help others in emergencies.
- Organizers can stop participants if needed.

## 14. Course Changes

- Organizers may change route or schedule due to safety/weather.

## **Sazetak na Bosanskom**

### 1. Opste Odredbe

- Ligu organizuje Klub Tuzla Trail.
- Takmicari i volonteri moraju postovati pravila.
- Organizator moze odstupiti od pravila zbog sigurnosti.

### 2. Vrste Utrka

# Tuzla Trail League Guidelines / Pravilnik Tuzlanske Trail Lige

- Trail i brdske cestovne utrke.
- Trail na prirodnom terenu; cestovne na asfaltu/tucaniku s nagibom.
- Neke utrke su kombinovane.

## 3. Kontrolne Tacke

- Sve utrke imaju kontrolne tacke.
- Preskakanje tacke ili gubitak kartice = diskvalifikacija.

## 4. Kategorije

- Kategorizacija: mala, srednja, velika, supervelika.

## 5. Bodovanje

- Bodovi od 100 nadole po plasmanu.
- Ukupni rezultat = bodovi x koeficijent utrke (x1, x2, x3, x4).
- Racuna se 5 najboljih od 6 utrka.

## 6. Ucesce

- Kotizacija: 100 KM.
- Takmicenje na vlastitu odgovornost.

## 7. Oprema

- Obavezno: voda, prva pomoc, napunjen telefon.
- Provjera opreme moguca.

## 8. Diskvalifikacija

- Nesportsko ponasanje, unistavanje prirode, pomoc sa strane = diskvalifikacija.

## 9. Odustajanje

- Obavijestiti organizatora. Pomoc ce biti pruzena ako treba.

# Tuzla Trail League Guidelines / Pravilnik Tuzlanske Trail Lige

## 10. Ekologija

- Zabranjeno zagadjivanje. Otpad nositi ili odloziti pravilno.

## 11. Mediji

- Ucesnici daju saglasnost za korištenje snimaka.

## 12. Nagrade

- Medalje ili diplome za pobjednike.

## 13. Sigurnost

- Postovati sigurnosne mjere. Pomoci u slucaju nesrece.
- Organizator moze zaustaviti takmicara.

## 14. Promjene Staze

- Moguce promjene staze ili termina zbog sigurnosti/vremena.